

MONDAY

09 March 2020



Morning Snack.....Fresh fruits
Soup.....Tomato and pepper cream soup with croutons
Main course.....Spaghetti bolognese with parmesan
Dessert.....Sweet cheese pie

Gustare.....Fructe proaspete
Supa.....Supa crema de rosii si ardei cu crutoane
Fel principal.....Paste bolognese cu busuioc si parmezan
Gustare.....Placinta cu branza

vegetarian/vegan

Morning Snack.....Fresh fruits
Soup.....Tomato and pepper cream soup with croutons
Main course.....Pasta with tomato sauce and vegetables
Desert.....Vegan sweets, gluten free

Gustare.....Fructe proaspete
Supa.....Supa crema de ardei si rosii cu crutoane
Fel principal.....Paste cu sos tomat si legume
Gustare.....Dulciuri vegane, fara gluten

TUESDAY

10 March 2020

Morning Snack.....Fresh fruits
Soup.....Vegetables soup
Main course.....Chicken with carrots and pea
Dessert.....Apple tart

Gustare.....Fructe proaspete
Supa.....Ciorba de legume
Fel principal.....Pulpe de pui cu mazare si morcovi
Gustare.....Prajitura cu mere

vegetarian/vegan

Morning Snack.....Fresh fruits
Soup.....Vegetable soup
Main course.....Mushrooms with pea and carrots
Desert.....Vegan sweets, gluten free

Gustare.....Fructe proaspete
Supa.....Ciorba de legume
Fel principal.....Ciuperci cu mazare si morcovi
Gustare.....Dulciuri vegane, fara gluten



WEDNESDAY

11 March 2020

Morning Snack.....Fresh fruits
 Soup.....Carrot and sweet potato cream soup
 Main course.....Perch with wedges and salad
 Dessert.....Yoghurt

Gustare.....Fructe proaspete
 Supa.....Supa crema de morcov si cartof dulce
 Fel principal.....Salau cu cartofi wedges si salata
 Gustare.....laurt

vegetarian/vegan

Morning Snack.....Fresh fruits
 Soup.....Carrot and sweet potato cream soup
 Main course.....Green beans with carrot
 Desert.....Vegan sweets, gluten free

Gustare.....Fructe proaspete
 Supa.....Supa crema de morcov si cartof dulce
 Fel principal.....Fasole verde si morcovi
 Gustare.....Dulciuri vegane, fara gluten



THURSDAY

12 March 2020

Morning Snack.....Fresh fruits
 Soup.....Broccoli cream soup
 Main course.....Beef with vegetables and basmati rice
 Dessert.....Brownie

Gustare.....Fructe proaspete
 Supa.....Supa crema de broccoli
 Fel principal.....Vita cu legume cu orez basmati si ardei capia murati
 Gustare.....Negresa

vegetarian/veganvegetarian/vegan

Morning Snack.....Fresh fruits
 Soup.....Broccoli cream soup with croutons
 Main course.....Baked mushrooms with rice and salad
 Desert.....Vegan sweets, gluten free

Gustare.....Fructe proaspete
 Supa.....Supa crema de broccoli
 Fel principal.....Ciuperci sote cu orez si salata
 Gustare.....Dulciuri vegane, fara gluten



FRIDAY

13 March 2020



Morning Snack..... Fresh fruits
 Soup..... Potato soup with lovage
 Main course..... Valdostana with mixed salad
 Dessert..... Crackers

Gustare..... Fructe proaspete
 Supa..... Ciorba de cartofi cu leustean
 Fel principal..... Valdostana cu salata mixta
 Gustare..... Saratele

vegetarian/vegan

Morning Snack..... Fresh fruits
 Soup..... Potato soup with lovage
 Main course..... Sote vegetables with mixed salad
 Desert..... Vegan sweets, gluten free

Gustare..... Fructe proaspete
 Supa..... Ciorba de cartofi cu leustean
 Fel principal..... Legume sote cu salata mixta
 Gustare..... Dulciuri vegane, fara gluten