



AFTER - SCHOOL WORKSHOPS

YEARS 2 – 9

Please find below a full schedule of after-school activities (beginning Monday 10th of September 2018) for the First Semester. Each workshop has some specific requirements regarding the minimum number of children – see below. The workshops will take place between 16.00 and 17.00, Monday to Thursday. Please note that children need to be picked up no later than 17.30.

Please check the school calendar for additional details on non – school days and early dismissal days by clicking at the link below:

<http://www.veritaschool.ro/school-calendar/>

Please note the following important aspects related to workshops:

- The workshops below are valid for ages 6 – 14.
- The price for each activity is different and can be found below in the activity's description.
- The workshops are valid from 10th September 2018 to 15th February 2019.
- The cost of the workshops is non – refundable and cannot be prorated.
- Only 1 (one) change of activities is allowed per child / per semester and no later than the second week. A minimum number of children is required for each club. If this is not met, the workshop will be discontinued.
- Registrations are done on a first come – first served basis until the maximum number of children / group is reached;
- A minimum number of children is required for each activity. If by the 7th September, this minimum number is not met, the after-school activity will be discontinued and/or you will be offered alternative workshops.
- **You will be required to express your 1st and 2nd option for each day in case there will be no more availability on a certain workshop. Please do choose two options for each day.**



VERITA INTERNATIONAL SCHOOL

Address: 15 Oltetului street, 2nd District, Bucharest

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❑ COMPUTER PROGRAMMING – 6-9 YEARS

This program aims to bring "fun" back to programming by using a small, easy to learn programming language for beginners. If you have any interest in learning computer programming, this application is aimed at kids and it is a good place to start. It is a basic programming language that is designed to make programming extremely easy, approachable and fun for beginners. It encourages everyone, to take their first step into the world of programming.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 230 EUR / 1st semester (385 EUR / year)
- ❖ Minimum number of children per group: 6
- ❖ Maximum number of children per group: 8

❑ COMPUTER PROGRAMMING – 9 YEARS - ABOVE

This program aims to bring "fun" back to programming by using a small, easy to learn programming language. If you have any interest in learning computer programming, this application is aimed at kids and it is a good place to start. It is a basic programming language that is designed to make programming extremely easy, approachable and fun. It encourages everyone, to take their first step into the world of programming.

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- ❖ Price as a stand-alone club: 230 EUR / 1st semester (385 EUR / year)
- ❖ Minimum number of children per group: 6
- ❖ Maximum number of children per group: 8

❑ AIKIDO – 6-9 YEARS OLD

This course teaches the basics of Jiu-Jitsu. The children will learn, in an enjoyable way, fundamental defense from varying positions along with counters to each of the techniques. They will also learn how to work together as a team while continuing to develop themselves individually.

Children will be dressed accordingly to this class (sport outfit – long sleeves blouses and long trousers)

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 180 EUR / 1st semester (300 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10



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❑ AIKIDO – 9 YEARS - ABOVE

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Children will be dressed accordingly to this class (sport outfit – long sleeves blouses and long trousers)

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 180 EUR / 1st semester (300 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

❑ ROBOTICS ACADEMY - 6-9 YEARS OLD

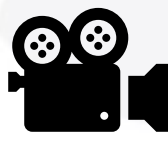
Elementary programs of science, design, technology and mathematics 4+ years. The activities performed during our LEGO 4+ years workshops offer your children an effective way to assimilate the basic concepts of the game through science, design, technology and mathematics. LEGO Education 4+ years models are easy to handle and, as the children build and test, they explore the operating principles of familiar objects. Children experience the concepts of force, motion, balance, equilibrium and buoyancy. Activities blend perfectly with the perspective and children's curiosity about the world around them, encouraging them to make observations, predictions and think creatively.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 265 EUR / 1st semester (440 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 12

❑ FENCING - 6-9 YEARS OLD

Fencing provides physical and cognitive benefits. Children describe fencing as a physical game of chess, as it requires strategy and quick reflexes. During this class the children will learn self – discipline. The children will also become capable to make complex decision, analyze situations, think critically and react quickly, thus reaching their potential in all areas.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 200 EUR / 1st semester (330 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10



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THEATER DRAMA & ACTING CLASSES - 6-9 YEARS OLD

The drama club represents an excellent opportunity for children to build confidence, work on their social skills and enhance their creativity in fun and exciting ways. The techniques used are also focusing on speech, movement and expression and are interactive and participative and are proved to boost spontaneity and self- confidence in children.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 180 EUR / 1st semester (300 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

FUN CRAFTS

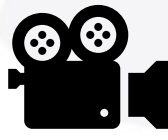
This is an art course for children based on creativity exercises, imagination, fun and combines play and team work. At the end of each class, we will have our own art objects with practical functionality, created by our own hands.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 180 EUR / 1st semester (300 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

SWIMMING

Swimming is a life skill that children should learn early on. Swimming classes teach them to swim long distances, different strokes and even develop lifesaving skills. The classes take place at Dinu Pescariu Club where the children benefit from professional trainers with a lot of experience in teaching children.

- ❖ Levels: intermediate
- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 360 EUR /1st semester (600 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 12



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❑ SOCCER - 9 YEARS - ABOVE

Soccer is the most popular sport in the world and is played everywhere. It is very good for physical exercise and cardiovascular health, building strength, flexibility and endurance. Besides being a great workout, it is also lots of fun. By learning and playing soccer, the children learn coordination, team work and sharing. They also learn to “think on the run” and concentration, persistence and self-discipline. Soccer lessons take place at the Studentesc Sport Arena.

- ❖ Frequency: once a week for each age group
- ❖ Price as a stand-alone club: 330 EUR /1st semester (550 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 14

❑ TENNIS

Tennis is a great sport to start at any age, but truly the best time to start tennis is when you’re young. There are so many amazing developmental benefits to children playing tennis. Some of these are that children increase their hand-eye coordination; they accept responsibility; they increase their problem solving skills; they learn sportsmanship; they improve mental strength; they learn strategy; and they keep fit and healthy. Tennis lessons take place at the Studentesc Sport Arena.

- ❖ Frequency: once a week for each age group
- ❖ Price as a stand-alone club: 360 EUR /1st semester (600 EUR / year)
- ❖ Minimum number of children per group: 6
- ❖ Maximum number of children per group: 10

❑ HANDBALL - 9 YEARS - ABOVE

Is a team sport in which two teams of seven players each (six outfield players and a goalkeeper) pass a ball using their hands with the aim of throwing it into the goal of the other team. The sport it is fast paced and high scoring. Handball helps you improve arm muscles and upper body strength, it develops agility of hands and feet, with sudden changes of pace and direction required. Like many sports, handball improves mental focus and self-confidence and boosts the body's flexibility.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 180 EUR / 1st semester (300 EUR / year)
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❑ WOW LAB - 6-9 YEARS OLD

Experiential learning is based on the active involvement of participants who can accumulate new knowledge more easily based on the information received through their own experiences. New scientific fields are approached with different methods and various instruments such as mind mapping, using all the senses, multimedia, role plays, experiments, debates based on different materials, etc. The children's imagination and creativity is fully enhanced.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 200 EUR / 1st semester (330 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 12

❑ FRENCH LANGUAGE

French is, along with English, the only language spoken on five continents. French is a major language of international communication. It is the second most widely learned language after English and the sixth most widely spoken language in the world. French is also the second most widely taught language after English, and is taught at schools worldwide.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 200 EUR / 1st semester (330 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

❑ CHESS

Often known as a game for the intellectually gifted, chess is the best sport to exercise the most important organ in our bodies: the brain. The game is widely played around the world today among participants of all ages, from the young to the elderly. According to studies performed in various institutional settings, the game of chess has been shown to yield a number of cognitive benefits in children and elderly alike. Here are some of them: Chess boosts brain power in kids, chess improves IQ and verbal skills, enhances arithmetical skills, boosts emotional intelligence and psycho-social skills.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 230 EUR / 1st semester (385 EUR / year)
- ❖ Minimum number of children per group: 6
- ❖ Maximum number of children per group: 8



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□ DEBATE CHALLENGE - 6-9 YEARS OLD

The purpose is the following: to improve the social, intellectual, and academic lives of our students through debate. We provide an introduction to the basics of argument, such as preparing speeches, examining witnesses, and organization.

A strong emphasis is placed on public speaking, as children learn to address a large group of people and control their voices with elocution and projection.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 240 EUR / 1st semester (400 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

□ ACTIVE READERS CLUB - 8 YEARS - ABOVE

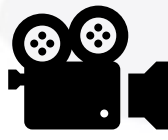
There's a big difference between a passive reader and an active one. While a passive reader may finish a book having a misty feeling that he's just read a story and doesn't exactly know why did the main character do that... "thing"!, the active one is not only concerned of the final intentions of the main character, instead he or she does something amazing not only for himself/herself, but even for the author of that book: this reader gets it all! And by "all" we mean that the active reader takes all that a reader can take from a book: he lives in the book, he takes all the emotions given by the story, all the knowledge and all the joy. Even the writing tricks of the author can become no mystery for the active reader! This workshop turns a passive reader in an active one, and if he or she is already an active reader, then... well, let's just say that he/she will be thrilled just being part of the club! We will not only discuss a text or a book, or have lecture journals, but also a wide variety of methods that takes the reader beyond the simple written words.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 200 EUR / 1st semester (330 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

□ SA SCRIEM SI SA VORBIM CORECT LIMBA ROMANA – NEW - Year 5-8

Cum este corect: Să fii înțeles ori să fi înțeles? La acest workshop, copiii între 9 și 12 ani (years 5-8) vor învăța regulile de exprimare corectă în limba română, prin intermediul unor activități aplicative și interactive. De asemenea, vor fi abordate noțiuni fundamentale de fonetică, gramatică și vocabular. La sfârșitul anului, sper ca tu să fi înțeles regulile de bază ale limbii române și să fii înțeles atunci când te exprimi oral sau în scris, dragul meu vorbitor de limba română.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 200 EUR / 1st semester (330 EUR / year)
- ❖ Minimum number of children per group: 8
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□ CALLIGRAPHY – 6-9 YEARS OLD **NEW**

The workshop offers a playful approach to creative handwriting and helps the child to discover the musicality of cursive and its expressive possibilities.

Letters linked to form a continuous line, marked by the rhythm as ascending and descending strokes, create textures, images suggesting other images.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 200 EUR / 1st semester (330 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

□ HOME ECONOMICS / LIFE SKILLS – 9 YEARS - ABOVE **NEW**

Life skills are something that should be a larger part of education. Teaching children how to sew, cook basic things, even how to make paper and book bind.

These activities are examples of skills that could turn into hobbies and potential passions in later life.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 200 EUR / 1st semester (330 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

□ MAKER EXPLORATORIUM – 9 YEARS - ABOVE **NEW**

The course is structured in 8 monthly modules that explore concepts in mathematical and physical sciences.

Shapes Adventure

Children get acquainted with geometry and centimeter, with drill and reporter. They will draw, build geometric shapes, measure angles, lengths and quantities.

3D Structures

In this module, children explore the three dimensions of objects, brighten stars from strings, and build space structures by repeating simple geometric shapes.



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Motion Magic

The world of politics challenges children to test movements, forces and trajectories, the effects of gravity, the adherence of various materials and the oscillatory motion of the pendulums.

Wings and Wheels Funride

In this module, we explore how objects in the environment move. We study propulsion, pressure, flame-retardancy, aero- and hydrodynamics and we build machines.

Machines at Work

The six simple mechanisms reveal their power through fun tests and materials. And the pulley crane will be just fine for summer in the garden's trees.

Gears Tycoon

This module brings toothed wheels, ax and white-cranks specially prepared for our explorers to discover all the secrets and create projects with their help.

Electric Safari

From eletrons to power plants. We know what is the role of a consumer, the battery, what is the voltage and intensity and what materials drive the electric current better.

Motor Trip

Children play with magnets and coils, discover alternative sources of energy. It is about power and how it is transmitted to operate an electromagnetic motor toy.

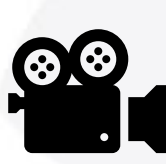
- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 330 EUR / 1st semester (550 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 15

VERITA DANCE CREW - Dance talents are wanted! – NEW

If you are between 8 - 12 years old and love to show your moves on the dance floor, or want to learn new styles, we wait for you in the Dance Crew class.

We are going to go through different dance styles, create a choreography together and learn how to facilitate a dance exercise!

No previous dance experience is needed, just the passion for dance!





- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 200 EUR / 1st semester (330 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

□ IMPRO PLAY – 8 YEARS - ABOVE NEW

At its core, improvisation taps into our deepest, most elemental urges: the desire to play, pretend and connect. Therefore, ImproVerita is a new project that will bring the principles of improvisation among the students of this school.

Through theatre exercises and games, the basics of improvisation will be used to teach students important life skills like agreement, listening, cooperation, collaboration, critical and critical/intuitive and creative thinking, confidence and trust in oneself or the partner. While the games and the exercises will develop their emotional intelligence, the physical expression and the verbal communication will be hands on techniques that will enhance and accompany the learning.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 200 EUR / 1st semester (330 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

□ TRAVEL AROUND THE WORLD - NEW

It is a fun and interactive project where the teacher will take the children on a trip around the world! Every week we visit a country (Mexico, Spain, Greece, China, Norway, India, Japan, etc.) and the learn in a fun way - fun facts, country details what is most representative, what games they are playing, etc. At the end of the presentation, children will also watch a 5-minute film with pictures from that specific country. They will learn about the capital of the country as well as the big cities, major festivals, traditions, etc).

In each country there will be a specific art project and the children together with the teacher will make it at the end of the class!

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☐ PHOTOGRAPHY – NEW

At “Photography for beginners” workshop students will learn the basics of digital cameras.

By the end, our main objective is to have an understanding about aperture, ISO, shutter speed and the way they are connected. Bokeh, DOF (depth of field), and composition “rules” are also on the list.

Together we will learn different tips & tricks, play with light, and we will discover the joy of creation by completing simple DIY(do it yourself) projects. Shape, colors, patterns and treasure hunts will be organized around the school.

There is no good shot or bad shot. Each photo is telling a story of its’ own. We encourage creativity, imagination and brain stimulation by applying existing knowledge from Math, Science, Art.

- ❖ Frequency: once a week
- ❖ Price as a stand-alone club: 180 EUR / 1st semester (300 EUR / year)
- ❖ Minimum number of children per group: 8
- ❖ Maximum number of children per group: 10

☐ PAINTING AND GRAPHIC ARTS TECHNIQUES - 8 YEARS - ABOVE NEW

Students attending this workshop will be introduced to different painting techniques such as painting on glass, watercolour, oil on canvas etc. and Graphic Arts techniques such as stamping, engraving, ink etc.

The purpose of this workshop is to allow the children explore a big variety of artistic media but also to give them the opportunity to participate in art competitions, in Romania and abroad.

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- ❖ Price as a stand-alone club: 180 EUR / 1st semester (300 EUR / year)
- ❖ Minimum number of children per group: 8
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□ PERSONAL DEVELOPMENT GROUPS - NEW

Personal development represents a way of self-discovery, where you can discover your potential, abilities, but also your limits or areas you can improve. It helps you grow continuously and also to learn how to accept yourself, with your strengths and weaknesses; in personal development groups you can grow the basic abilities for social and emotional success.

- You will go through a process where you can get to know yourself better;
 - You will discover your strengths and areas to improve;
 - You will learn how to handle your fears and to use in a constructive way your abilities and skills;
 - You will release your stress, worries, anxiety or nervous emotions;
 - You will learn about ways to communicate and how to use it in your relationships;
 - You will know your learning typology and will stimulate the cognitive processes in order to be able to adapt to your student status;
 - You will learn to set objectives and ways to reach it;
 - You will learn how to built relationships focused on the following principles: I-I, I- family, I-school, I-friends;
 - You will learn how to make decisions and to follow it;
- ❖ Frequency: once a week
 - ❖ Price as a stand-alone club: 180 EUR / 1st semester (300 EUR / year)
 - ❖ Minimum number of children per group: 8
 - ❖ Maximum number of children per group: 10

□ PIANO

Learning to play an instrument can help your children to fine-tune their ears and enhance skills needed for education and social interaction. Piano, in particular, is a popular choice for children, due to its simplicity, versatility, and the pure beauty of its sound. Piano is also one of the most enjoyable instruments to play. It can be played softly, loudly, or anywhere in between, and it accommodates a wide range of speeds, emotions, and musical styles. Plus, after a few lessons, when your fingers have gained a degree of limberness, the piano makes it very easy to create playful improvisations and compositions of your own. Playing at home -- for family, friends, pets, or just yourself -- can be just as rewarding 😊

- ❖ Private lessons : - 400 EUR / 1st semester (670 EUR / year) – once a week
- 800 EUR / 1st semester (1340 EUR / year) – twice a week

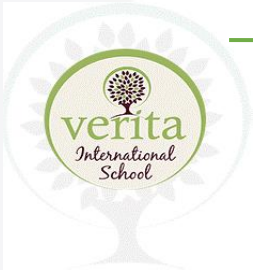


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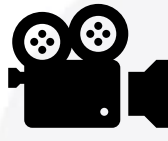
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□ GUITAR

Learning to play a musical instrument is incredibly powerful in the development of the brain for children and adults alike. It's great for mental health: it develops the neuron pathways in the brain and is often a pathway to healthy socialization as well. We encouraged our children to learn a musical instrument at an early age and guitar can be our recommendation.

- ❖ Private lessons : - 400 EUR / 1st semester (670 EUR / year) – once a week
- 800 EUR / 1st semester (1340 EUR / year) – twice a week



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